

We're here to help  
24 hours a day / 7 days a week  
when you need it most.



You and anyone in your household  
can call EAP and receive  
**FREE** and **CONFIDENTIAL**  
**IN-THE-MOMENT SUPPORT.**

**CALL US ANYTIME**, and a  
masters-level clinician is here  
to talk with you.

**c&fsEAP**  
Employee Assistance Program

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Employee Assistance Program  
(716) 681-4300  
(800) 888-4162

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