

Counseling/COVID-19 Resources

Talking to Kids About the Coronavirus - <https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

Talking to Children About COVID-19 (Coronavirus) - Parent Resource

https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/02292020_NASP_NASN_COVID-19_parent_handout.pdf

Coping With Stress During Infectious Disease Outbreaks

<https://store.samhsa.gov/system/files/sma14-4885.pdf>

Counseling Agencies/Supports

Emergency Numbers:

Spectrum Cares	882-4357	Emergency outreach for children up to age 17
Kids Helpline	834-1144	Confidential Kids Crisis Line with immediate response 24/7
Crisis Services	834-3131	Emergency Crisis Line for Individuals 18+, 24/7
CPEP at ECMC	898-3465	Emergency Psychiatric Evaluation for all ages
Family Help Center	822-0919	24-Hour Family Help Line/home based support/childcare groups
Suicide Hotline	784-2433	24/7 Free and confidential support

Counseling Agencies

Baker Victory Services

650 Ridge Road Lackawanna 14218
716-828-9651

Best Self Behavioral Health

*Multiple locations
140 Pine Street Hamburg 646-4991
3176 Abbott Rd O.P. 822-2117

Child & Family Services

330 Delaware Ave Buffalo 14202
716-842-2750T

Children's Psychiatry Clinic

1028 Main St Buffalo 14202
716-859-5460

Endeavor Child Mental Health Services

*Multiple locations
1526 Walden Ave Cheektowaga 14225
716-895-6700

WNY Psychotherapy

3065 Southwestern Blvd OP 675-9232

Gateway Longview

10 Symphony Circle Buffalo 14201
*Multiple locations
716-783-3221

Jewish Family Services

70 Barker St Buffalo 14209
716-883-1914

FMS Behavioral Health

6556 East Quaker Orchard Park
716-539-9232

Monsignor Carr Clinic

*Multiple locations
40 Main St. Hamburg 14075
716-648-6515

Spectrum Human Services

326 Orchard Park Rd OP 828-0560

Kids Escaping Drugs- (716) 827-9462

Local Food Pantries

Lakeshore Pantry

Website: <http://www.allsaintshamburg.com>

6065 South Park Avenue

Hamburg, NY - 14075

(716) 649-6266

St Peter & Paul Parish Outreach

Website: <https://sspphamburg.org>

36 Pine Street

Hamburg, NY - 14075

(716) 648-1725

UPC Food Pantry

67 Lake Avenue

Blasdell, NY - 14219

(716) 823-5137

Lackawanna

75 Caldwell

(716) 824 - 4760

Southowns Christian

6619 Southwestern

(716) 627-2183

Tabernacle

Orchard Park

(716) 712-1713

OLV St. Vincent DePaul

(716) 828-9444

Please call before heading there to make sure they are open and hours of operation