,	How Corn Took over America	x
2	The Farm	
	From Farm to Factory	
4	The Grain Elevator	
5	The Feedlot Turning Corn into Meat	
6	Processed Food	
7	Fat from Corn	
Y	The Omnivore's Dilemma	
	My Fast-Food Meal	
10	Big Organic	
11	More Big Organic	

12	Polyface Farm	
13	Grass	
14	The Animals	
15	The Slaughterhouse	
16	The Market	
17	My Grass-Fed Meal	
18	The Forest	
19	Eating Animals	
20	Hunting	
21	Gathering	
22	The Perfect Meal	