

FRONTIER MIDDLE SCHOOL PHYSICAL EDUCATION



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Basic Procedures:

- **Excuses from Phys. Ed:** In order to be excused from a class a student must have a note from a parent or guardian. For an extended medical, a Doctor's note must be submitted. The note should be turned in to the Health Office. The student will then be identified as a medical and will be given an alternative program. In most cases, student's will write a paper assigned by the Physical Education Teacher.
- **Lockers:** Students are encouraged to use the lockers provided in the locker rooms. A school lock may be purchased from the office to use on the lockers.
- **Clothing:** For both indoor and outdoor activities, a complete change of clothes and sneakers are required. Failure to have a change of clothes will result in an unprepared, which will lower a student's grade if not remediated.
- **Pool Unit:** All students are required to participate in the pool unit in grades 6-8. Only a Doctor's note can excuse a student from the pool. Students on medical will be given an alternate unit. Options include a paper, project or another unit in the gymnasium.
- **Grading:** Participation/Social Responsibility and Safety = 80% Application of Skill/Strategy and Rules = 20% There are 2 units each quarter that are averaged together to form the quarterly grade. In June, the four quarterly grades are averaged together to give a final grade. Students need a 65 or above on their final grade to pass the course.
- **Remediation:** If a student misses a class in Physical Education for **any** reason, they do not get credit for that day. Therefore, classes should be remediated to avoid failure. If remediating an Unprepared, only 4 out of 5 points will be rewarded back. Students can make up an unprepared or absence by completing a daily research assignment. Class Cuts cannot be remediated.
- **Intramurals:** Students should listen to daily announcements and look at Physical Education bulletin boards for intramural activity updates

GRADING POLICY:

Participation/Social Responsibility & Safety = 80%

Application of Skill/Strategy and Rules = 20%

Participation/Social Responsibility & Safety is 80% of a student's grade. Being changed into appropriate clothing and being on time means a student is ready to earn their grade for that day. Also a student earns

points for effort, safe and fair play, and self-control. Everyday in class students are graded on these factors using a rubric from 0-5. This assessment meets NYS Standard 2.

RUBRIC:

- 5 = Student is prepared for class, demonstrates exceptional effort, safety, self-control, fair play and respect for others.
- 4 = Student is prepared for class, demonstrates above average effort, safety, self-control, fair play and/or respect for others.
- 3 = Student is prepared for class, demonstrates average effort, safety, self-control, fair play and/or respect for others.
- 2 = Student is prepared for class, demonstrates below average effort, safety, self-control, fair play and/or respect for others.
- 1 = Student is prepared for class, demonstrates minimal effort, safety, self-control, fair play and/or respect for others.
- 0 = Student has no effort or participation (for example, being unprepared or does not participate)

Application of Skill, Strategy, and Rules is 20% of a student's grade. Each teacher will use the rubric below to grade the Application Assessment. The application assessment will be based on skill of the activity, strategy and rules. These rubric meets NYS Standards 1a, 2, & 3.

Application Skill Rubric

- 3 points = Completes all aspects of the skill (there may be errors)
- 2 points = Lacks components of the skill, but is able to utilize skill within context of Activity.
- 1 point = Skill is unrecognizable

Application of Strategies:

- 4 = Always demonstrates strategies
- 3 = Sometimes demonstrates strategies
- 2 = Rarely demonstrates strategies
- 1 = Never demonstrates strategies

Application of Rules:

- 4 = Always demonstrates rules
- 3 = Sometimes demonstrates rules
- 2 = Rarely demonstrates rules
- 1 = Never demonstrates rules

() Yes I have read the Frontier Middle School Physical Education guidelines and understand what is expected for my son/daughter

Student's Name_____

Parent/Guardian Signature_____